

Clinical Applications

Indications

Intermittent Pneumatic Compression (IPC) is effective in the treatment of the following clinical conditions, when combined with an individualised monitoring programme:

- Oedema dependent (including secondary to cerebro-vascular incident, pregnancy or paralysis) and traumatic (post-surgical or injury).
- Lymphoedema primary and secondary (including post surgery, radio or chemotherapy).
- · Chronic venous insufficiency.
- · Post phlebotic syndrome.
- Acute and chronic wounds, including venous leg ulcers and postsurgical wounds.

IPC may also be beneficial in the management of:

- · Fixed flexion deformity.
- · Lower limb pain due to trauma or surgery.
- · Lipoedema.

Selection should be based upon a holistic assessment of the patients' individual care needs.

Note - These systems represent one aspect of a treatment strategy if the patient's condition changes the overall therapy regimen should be reviewed by the prescribing clinician.

Note - The above are guidelines only and should not replace clinical judgement.

Contraindications

IPC should **NOT** be used in the following circumstances:

- Known or suspected deep vein thrombosis (DVT), pulmonary embolism, thrombophlebitis and acute infections of the skin such as cellulitis.
- Decompensated / severe congestive cardiac failure, pulmonary oedema associated with significant limb oedema or any condition where an increase of fluid to the heart may be detrimental.
- · Severe arteriosclerosis or other ischaemic vascular disease.
- · Active metastatic disease affecting the limb.

PATIENT NOTE: if you are uncertain whether you have any of the above conditions please consult a physician before use.



Warnings

- Therapy should be interrupted if pain, tingling or numbness of the limb occurs during, or as a result of therapy.
- In the event of a power failure or fault whereby the garment remains inflated, disconnect the tubeset(s) in order to deflate the garment(s) and then remove the garment(s) from the limb(s).
- Patients must not walk or stand when wearing leg garment(s).



Cautions

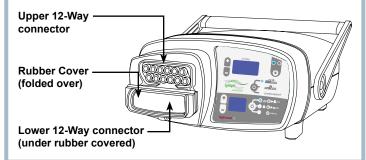
IPC should be used with care in patients with the following symptoms or conditions:

- Peripheral neuropathy, pain or numbness in the limb.
- Undiagnosed, untreated or infected wounds, fragile skin, grafts or dermatological conditions that may be aggravated by the garment.
- Extreme limb deformity which may practically impede the correct application of the garment.

Note: Garments are designed to be worn over thin clothing and not in direct contact with the patients skin.

Connecting the Garments to the Pump

- Make sure the garment is the correct size for the limb, and that a garment insert is used if necessary.
- 2. Undo the zip on the garment.
- 3. If a garment insert is fitted to the garment, do the following:
 - Put the garment insert in between the two halves of the garment zip. Make sure the orientation of the garment and insert are correct: the two tubesets should be at the same end and on the outside of the garment and insert.
 - Fully fasten one of the zips between the garment and insert, leaving the other unfastened.
- Before applying the garment (and insert, if fitted) to the limb, zip up the first 150 mm (6") of the unfastened garment zip. Put the garment (and insert) onto the limb and fully fasten the zip.
- Make sure the patient is in a comfortable position with the limb supported or elevated as necessary.
- Connect the garment(s) to the two push-fit, polarised 12-way connectors on the pump.
 - If two garments are used (two arm garments, two leg garments, or one arm/leg garment and one garment insert), connect one to the upper connector and the other to the lower connector. The two connections are interchangeable - both garments will inflate at the same time and to the same pressure.
 - If only one garment is used, it must be connected to the upper connector and the rubber cover must be folded over and securely fitted to the lower connector. If the 12 outputs on the lower connector are not completely occluded by the cover, there will be a significant loss of air from the pump and the Low Pressure alarm will be activated.
- Switch on the mains power supply to the pump. The pump will perform a short self-test and then go into **Standby**. The **Run** and **Sleep Mode Indicators** are extinguished.
- The indicators and displays on the pump control panel will show the previously selected therapy settings. Check the therapy settings and make any changes



Starting Therapy

- 1. Make sure that all garment zips are fully and securely fastened.
- Press and hold the Run/Standby Button for 3 seconds. The Run Mode Indicator will be illuminated, and the pump will run through an initialisation process, which may take up to 15 seconds.
- 3. After the initialisation process the garment(s) will start inflating.
- The Treatment duration shown on Therapy Setting Display the will count down, indicating the time remaining.

Do not undo the zips or attempt to remove the garments during the therapy session or you may damage the zips.

Make sure the therapy session has stopped and the garments have deflated before you remove the garments.

Stopping Therapy

- The pump automatically stops and the garments are deflated at the end of the selected **Treatment** duration.
- When the garments have deflated, the Therapy Setting and Pressure Displays change to zero and the pump gives 5 beeps to confirm that the therapy session has been completed.
- 3. The Run Mode Indicator is extinguished.
- 4. Press the Run/Standby Button to reset the pump to Standby
- 5. The pump can be stopped during the therapy session by pressing and holding the **Run/Standby Button** for 3 seconds.

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